

BEGINNING AND INTERMEDIATE YOGA ~ ALL ARE INVITED!

Starting October 4, Tuesdays and Thursdays, 9:30 to 10:45 a.m., at FUMC. You will need a yoga mat, a pair of yoga blocks (available at Target or Walmart), an old beach towel, and a necktie. Nursery is available with advanced notification. No previous experience needed. For information or to register, contact Libby Wasem at lwase749@verizon.net or the Preschool Office at preschool@fumcva.org.



FUMC Children's Ministries

"Train a child in the way he should go and when he is old he will not turn from it." - Proverbs 22:6

CHILDREN'S WORSHIP WORKSHOP

This Wednesday at 6:30, children in grades K through 5 are invited to help plan components of our Children's Sabbath. We will talk about the different parts of a worship service and then create our own.

JOIN THE CHILDREN'S SABBATH CHOIR

Our Children's Sabbath Choir will sing, "The Kindergarten Wall" at both the 8:30 and 11:00 traditional services on October 16 (you can choose to do just one). We rehearse on Wednesday, September 28, October 5, and October 12 from 5:45 until 6:30.

ROTATION STATION VOLUNTEERS

Have you helped with Rotation Station for our 2nd through 5th graders? It is a great way to serve God and our children. It is only a four or five-week commitment. All of the materials are provided and it is fun! Please see where you can serve in these upcoming areas.

- "Samuel" October 23-November 20. We need a games teacher and a fifth grade shepherd
- "Good News" November 27 - December 18. We need an art teacher and music teacher.

CHILDREN'S SABBATH 2016

Once again we will celebrate the National Children's Sabbath by having children lead us in worship. This year children will lead all three services on October 16. Please be in prayer for the children who are preparing for this special day, especially those fifth graders who will share their stories with us. Our theme will be "All I Needed To Know." If you have not signed up to participate, but would like to help, please contact Shannon Bolick ASAP. We still need readers at our 8:30 and 11:00 services. On this day, our third graders will also receive their Bibles.

CHILDREN'S PRAISE TEAM

Beginning this fall, your child(ren) will have the opportunity to join the Children's Praise Team! Led by Allison Xanthopoulos and Spike Burton, the children will learn contemporary worship music in a positive environment. The team will sing once a month during worship. Practice follows the Contemporary Service from 11:00 to 11:30 in the Children's Music Room. Contact Allison at (540) 693-0239 or allisonxan@gmail.com. The Children's Praise Team will sing on the Children's Sabbath on October 16.

HOSPITALITY MINISTRY OPPORTUNITY

Are you looking for a way to serve here at FUMC? Efforts are underway to improve upon greeting our visitors at the Welcome Desk located at the Kobler Hall Entrance. We are asking for smiling faces to staff the Welcome Desk on Sunday mornings at various times before and after each service. This ministry will require about 20 minutes at one of the three "welcome" times we have set up. Please contact Denise Gates at dparishnurse@hotmail.com or (540) 507-8326 if you would be willing to join in this ministry opportunity.

BLOOD DRIVE

In Memory of Ceili Leahy
Saturday, October 8,

8:30 a.m. to 2:30 p.m. ~ Kobler Hall.

For an appointment, visit redcrossblood.org or call 1-800-733-2767



FUMC YOUTH

Sunday, September 25: We will meet at our new time, 5 to 7 p.m.. Snack supper provided, then join in on fun and fellowship as we begin to unlock ways we are "under construction for Christ."

College students & parents: Our youth group wants to show support as you continue your education. We would love to send you notes of support or possibly care packages. Share your address (or your student's address). Contact Amy at amydotto@fumcva.org.

CAUTION:
CHRISTIANS UNDER CONSTRUCTION
(fall retreat 7th grade thru 12th grade youth)
Dump Everything & come BUILD with us: November 18-20
Construction Site: Camp Hanover Mechanicsville, VA
Cost: \$100 for the weekend, includes meals Saturday and Sunday Brunch
Parent volunteers needed!
RSVP to Amy: amydotto@fumcva.org by Sunday, Oct. 23

NEW STAFF MEMBERS



If you haven't noticed, we have a new face in the church office. Mona Lamb has retired and Carol Knott has taken her place. Carol will handle a lot of our scheduling and other church communications, and will help us coordinate our many volunteer opportunities that are such a vital part of FUMC. So, who is Carol Knott? **Carol Knott** is the new FUMC Office Manager/Administrator. She graduated from Mary Washington College with a Computer Science degree and worked at NSWC Dahlgren before resigning to be a full-time parent. Since then she has taught at the FUMC Preschool and volunteered in the children's schools and at church in the Children's ministry and Youth group activities and mission trips. She serves on the Lay leadership Committee and the Youth Ministry Council currently. She and her husband, Bryan, have three children: Kaelyn, 17, Chaney, 15 and Trevor, 13 and live in Spotsylvania County. Please stop by to say hello and get to know Carol better. She can also be reached at (540) 373-9021, x105 or carolknott@fumcva.org



Jillian Murray is the Nursery Coordinator of FUMC. Jillian spent her childhood in a small town in Maine, until she arrived in Fredericksburg in 2001 to attend the University of Mary Washington. Since then, she has called Fredericksburg home. She is an active member of FUMC, and is also the coordinator of the church's MOPS (Mothers of Preschoolers) ministry. Jillian and her husband Clay have a daughter named Jane, who keeps them quite busy! When not at FUMC, you can find Jillian exploring the town with Jane, enjoying a jog outside, or at a coffee shop reading a book!

EAGLE SCOUT PROJECT ~ September 25 and October 2

Hello, my name is Brandon Bolick, and I will begin my Eagle Scout project on Sunday, September 25, from 12:30 to 5:00 p.m. We will be located in the Preschool playground which can be accessed from the basement of the church. We will build a 12 x 6-foot stage for the Preschoolers as well as the church to use and will also fence off access to an exterior door adjacent to the playground. Volunteers of all ages are invited, and kids from grades 6-12 are then invited to stay for Youth Group! If possible, battery-charged drills are always welcome! Contact Brandon at (540) 834-2264.

MISSION CONTROL NEEDS

Food Pantry: September's focus is Instant Potatoes and Instant Rice. Cereal, canned vegetables and fruit, canned meat, grape or strawberry jelly and bread are also needed.

Preschool: Labels for Education

Lions Club: Eyeglasses, Cases, and Hearing Aids

Micah: Men's/Women's Socks and Under-wear, and Deodorant.

If your group is not listed and would like to be, contact Lisa Simmermon at (540) 785-8664 or lsimmermon@verizon.net and let her know what you are collecting and your contact information. Mission Control is near the elevator in the gathering space.



CHURCH PICNIC

Celebrate Our Church Family
Sunday October 16, Noon - 4pm

Games for all ages, Music & Entertainment, Burgers and hot dogs, as well as FUMC covered dish delicacies, Parsonage visits, Fellowship & good food. Contact Mike Cotter at (540) 786-3658 or mvcotter@comcast.net if you have ideas or are willing to help.

2017 FLOWER CALENDAR

The 2017 Flower Calendar is on the wall outside of the Sacristy (Room 116). Please fill in the date you would like to donate flowers, and fill out the information form with your bulletin message. Leave the completed form in the slot provided.

IMPORTANT INFORMATION

During church business hours (Monday-Friday, 9:00 a.m. to 4:00 p.m.), please use the Charlotte Street entrance or the Handicap Accessible Side Door (between Hanover and Charlotte Streets). The other doors will remain locked.

REFUGEE RESETTLEMENT SUPPLY LIST

The UMW has a bin in Mission Control for donations as we follow Christ and help the stranger in our land. If you have furniture items, call Catholic Charities Refugee Resettlement at (540) 899-6507 for pick up. They do not accept used mattresses.

- Eating Utensils (forks knives, spoons, etc.)
- Dishes (plates, bowls, cups)
- Pots and Pans (sauce pans, frying pans, baking dishes)
- Mixing/Serving Bowls, Kitchen Utensils (spatulas, wood spoons, knives, and serving utensils)
- Can Opener

- Towels and Wash Cloths
- Sheets and Pillow Cases
- Blankets and Pillows
- Alarm Clocks
- Light Bulbs, Paper, Pens, Pencils

- Dish Soap
- Bathroom/Kitchen Cleanser
- Sponges, Cleaning Cloths, Paper Towels
- Laundry Detergent,
- Waste Baskets, Mops, Brooms, Trash Bags

- Toilette Paper
- Bath Soap, Shampoo
- Toothbrushes, Toothpaste.

Name: _____

Preferred Contact Information:

Phone No. _____

Email: _____

I would like to help/sign up for:

- Church Picnic
- Discover Fredericksburg UMC
- Fredericksburg UMC 101 Class
- Hospitality Ministry Opportunity
- The Parent Adventure Study
- Monday Morning Bible Study
- Wednesday "Open Your Bible" Study
- 11 a.m. Small Group Study
- Wednesday Fellowship Dinner _____
How Many?
- Children's Sabbath
- Children's Praise Team
- Family Choir
- MOMSNext
- Yoga
- Prayer Shawl Ministry
- Micah Lunch Program
- I'd like more information on:**
- Baptism & Baptismal Reaffirmation
- How to join this church family
- Children's Activities
- Youth Activities
- Men's Activities
- Women's Activities
- Senior Activities (Merry Makers)

WELCOME

(Please complete and place in offering plate.)

- First Time Guest
- Members
- Second Time Guest
- Attend regularly
- Third Time Guest
- Wish to Join
- Out of Town Guest

Guest Of: _____

Which service are you attending?

- Sun. 8:30 AM Sun. 11:00 AM
- Sun. 9:45 AM Sat. 5:30 PM

Names of those in attendance:

Adult(s) _____

Child(ren) _____

New Information Yes No

Address _____

City _____ State _____ Zip _____

Phone _____

If you would like to change or add your email address please print clearly below

Email _____

would like to sign-up for our weekly "News Blast" newsletter.

PRAYER/PRAISE

May we publish your request in the announcement sheets?

- Do Not Publish
- Publish

I ask prayers for:

I praise God for:

Attendance – Sept. 18, 2016

Saturday 5:30 PM	40
Sunday 8:30 AM	135
Sunday 9:45 AM	165
Sunday 11:00 AM	133
	473

Bishop: Sharma D. Lewis
 Fredericksburg DS: Ted Smith
 Ministers: Members of the Congregation
 Lead Pastor: Ext. 104

larrydavies@fumcva.org

Associate Pastor: Ext. 106

robballmy@fumcva.org

Director of Youth Ministries: Ext. 107

amydotto@fumcva.org

Director of Children's Ministries: Ext. 110

shannonbolick@fumcva.org

Adult Choir Director, Organist: Ext. 116

billmccoy@fumcva.org

Contemporay Worship Director: Ext. 113

spikeburton@fumcva.org

Preschool Director: Ext. 117

beckypatrick@fumcva.org

Facilities Manager: Ext. 115

kurtinordstrom@fumcva.org

Office Manager: Ext. 105

carolknot@fumcva.org

Financial Administrator: Ext. 102

lyndaswanlund@fumcva.org

Church Secretary: Ext. 103

michellecooper@fumcva.org

Where in the World is Pastor Robb?

Not in his church office on Wednesday, September 28. Pastor Robb will hold community office hours at Panera Bread at Cosner Corner from 2:30 to 4:30 p.m. He invites you to come by and converse. No appointment necessary! Contact Pastor Robb at RobbAlmy@fumcva.org or (540) 373-9021 X. 106.

Preschool Openings

FUMC Preschool has openings for 3 and 4 year olds. Contact our director, Becky Patrick, at beckypatrick@fumcva.org for more information.

MONDAY MORNING BIBLE STUDY

The Monday Morning Bible Study, open to all, meets the first and third Monday of each month, from 10:00 to 11:30 a.m. in Room 210. We will study *Outlive Your Life: You Were Made to Make a Difference* by Max Lucado (the book is based on Acts 1-12). Each session is self-contained. Contact Charlotte Edge at candhedge@msn.com or (540) 371-1967. At our next session on Monday, October 3, we will discuss "That's Jesus Playing That Fiddle" (Chapter 16).

The Chenaults in Concert, October 2, 4 p.m., St. Paul's Episcopal Church (5468 St. Paul's Road, King George, VA 22485.

MERRY MAKERS

Join us for a Fall trip to Graves Mountain Lodge for a delicious Fried Chicken Lunch on Tuesday, October 25. After lunch, we'll travel up the mountain to Jenkin's Orchard for apples, then make a final stop at the new Yoder's Market before heading home. We'll leave the church at 10:15 a.m. and return at 4:30-5:00 p.m. The cost for lunch and transportation is \$25 per person, payable by check to FUMC, memo line: Merry Makers. Reservation deadline is October 18. Mail your check to reserve a spot to Ronda Worcester, 701 Cobblestone Blvd, #102, Fredericksburg, VA 22401. Questions, call 479-6090.

MOMSNNext

First meeting is October 7th from 9:30 to 11:30 a.m. As mothers pass on through the school years, new challenges and issues arise, but the need for community and hope remain. Starting this fall, Fredericksburg MOPS (Mothers of Preschoolers) is proud to offer a new ministry – MOMSNNext! MOMSNNext is an open and accepting place for all mothers of school-aged children to experience authentic community, personal and spiritual growth, and practical help. Childcare is available on a limited basis. Come join us! Contact Jillian Murray at (603) 498-6686 or jillianmurray@fumcva.org.

11 AM SMALL GROUP STUDY COMING SOON

Beginning October 23rd a new small group study called "Radical" will be offered at 11 a.m. and will be led by alternating teachers including Pastor Robb, Pastor Larry and Carol DuBois. In this small group study, pastor and best-selling author David Platt challenges the notion that Christians can follow Jesus without giving up our old way of life. Redeemed by radical grace, we are called to a radical abandonment of our agendas, to a radical strategy for making disciples, and to a radical vision for being on mission. Jesus is calling you and our church out of comfortable Christianity to take up your cross and follow him. To embrace Him as your richest treasure. To feed the poor and reach the lost. To live for the glory of God. That's radical. Nursery care will be provided and children's activities are being planned but will be contingent on the number of children attending. Youth are encouraged to attend the study. Please sign up beforehand and please indicate if you need childcare by using the tear off on the announcement sheet or by emailing Pastor Robb at RobbAlmy@fumcva.org.



FREDERICKSBURG UMC PRAYER REQUESTS week of September 19, 2016

HOSPITALIZED: MWH: Anne Blosser, Spike Burton; John Bass; Rob McDaniel (Poet's Walk)

CHRISTIAN SYMPATHY to Linda Bonshire on the death of her mother on September 22

HEALTH CONCERNS

Rosalie and Rudolph Siron	Gene Ostendorf	Dave and Anita
George Bergeron	Judi	Taisa
Molly and Judy	Paige and Steve Hall	Rebecca*
Deaconess Becky Louter	Becky Burke	Ed Resio*
Wayne Jackson	Mary Katherine Resio	Sue Paff Wright
Anne and Kelly Blosser*	Ruby Smith	Bob McNutt*
Theresa Pugh*	Alice Blain*	Dave Armstrong*
Tom Savage	Gene and his family	Jim Kinsella
Nick M	Katie	Tina Renninger's daughter
Destiny Danyel	Joyce Piper	

LIFE EVENTS

Walk out of Darkness suicide awareness walk, September 25, 11 a.m.-1 p.m.	Betsy	
Katie Haywood	Mark C	
Our leaders to unite us	Brendan	
Bombing victims in NJ and NY	Ben	World Peace

PRAISE

Laura Ellis*	Ed Manger*	FUMC Mission Volunteers in Tappahannock
Life of Daryl Roy	Ellen Coppell*	Carth's gift of hospitality at FUMC

*denotes FUMC member



September 24-25, 2016

The PARENT ADVENTURE: Preparing Your Kid for a Life with God begins Sunday, September 25th. This seven-week small group study will help parents teach their children to love God and pursue God's purposes for their lives. The study shares practical ways to build a child's faith through the day-to-day stuff of life. Though parenting is challenging and scary, it is also exciting and rewarding. The adventure lies in using everyday teachable moments to prepare your kids for a lifetime with God. The study, led by Pastor Robb, will be held every Sunday evening that the Youth Group meets. It begins at 5:15 p.m.. For more information call Pastor Robb at (540) 373-9021, ext. 106, or email him at RobbAlmy@fumcva.org. Please let Pastor Robb know if you need childcare.

DISCOVER FREDERICKSBURG UMC

Want to learn more about the Christian faith? Wondering about the missions and ministries of Fredericksburg UMC? Interested in joining the church? Still new to Fredericksburg UMC? If so, we invite you to join pastors Larry Davies and Robb Almy for a meal and conversation at the September 28th dinner. There will be a reserved table, and the pastors will be available starting at 5:30 p.m. So check your calendar and gather with the pastors as you have to opportunity to enjoy some great conversation and terrific food. Please RSVP to Pastor Robb via email (robballmy@fumcva.org) or by phone (540) 373-9021, ext. 106.

WEDNESDAY FELLOWSHIP DINNERS

Our Wednesdays Fellowship Dinners are served from 5:00 to 6:30 p.m. Cost is \$7.00 per adult, \$3.00 per child 3-12, and under 3 is free. Maximum cost for a family is \$25.00. Email your reservations to Carol Knott at carolknot@fumcva.org, or call (540) 373-9021 and give your reservation to the receptionist. Tickets are sold at the door for take-out meals. Contact Mary Jordan at (540) 303-2281 if you would like to help set up, serve, or clean up. The menu for September 28th is Chicken Divan, Rice, Peas and Carrots, Salad, Fruit, and Birthday Dessert. We will celebrate all September birthdays. You are welcome to bring a cake, cupcakes, cookies or a birthday surprise to help a friend or family member celebrate.

FREDERICKSBURG UMC 101 CLASS TO BE OFFERED

Fredericksburg UMC 101 is a class designed to introduce people to Fredericksburg United Methodist Church. In this class we will cover the basics of the Christian faith as well as the unique mission and vision of Fredericksburg UMC and ways to take next steps to get connected at Fredericksburg UMC. While the class is designed for persons new to the church and is helpful to take before one joins the church, attendance at the class is open to all people and does not obligate one to join the church. This is a three-week class that will meet on Wednesday evenings at 6:30 p.m. beginning October 5th. Childcare can be available. Please register beforehand for the class and indicate if you need childcare on the tear off on the announcement sheet or by emailing Pastor Robb at RobbAlmy@fumcva.org.

UNITED METHODIST WOMEN (UMW) LUNCHEON MEETING

On Saturday, October 1, 11:30 a.m.-1:30 p.m., all women are invited to attend the UMW sponsored meeting in Kobler Hall. A catered luncheon will be served (cost is \$7.00). Vicky Butler, District UMW Coordinator for Social Action, will speak on "How Are We Raced?" Make reservations by Wednesday, September 28--sign-up sheets are on the gathering space Welcome Desk and the UMW bulletin board near the Parlor, or contact Jean Himmel at (540) 368-9541 or dhimmell@cox.net.