

BEGINNING AND INTERMEDIATE YOGA

Tuesdays and Thursdays from 9:30 to 10:45 a.m. at FUMC, starting October 4. Drop off your child at the Preschool or nursery and come stretch, strengthen, and calm. You will need a yoga mat and a pair of yoga blocks (available at Target or Walmart), and an old beach towel, and your partner's least favorite necktie. Nursery will be provided, but please sign up in advance so we are sure we have enough nursery workers available. **ALL ARE INVITED!** No previous experience needed. Yoga is a journey, not a destination. For more information or to register, contact Libby Wasem at lwase749@verizon.net or the Preschool Office at preschool@fumcva.org.



FUMC Children's Ministries

"Train a child in the way he should go and when he is old he will not turn from it." - Proverbs 22:6

ACOLYTE TRAINING ON SEPTEMBER 21

Acolytes have an important job as they carry in the light of Christ. Would you like to learn how to be an acolyte? We are looking for acolytes for Children's Sabbath on October 16 and for the rest of the year. On Wednesday, September 21, we will have an acolyte training at 5:30 for anyone, third grade and up, who is interested in serving in this way on Children's Sabbath, during the regular year, or just to see how it all works. You will learn what to do AND why we do what we do. Contact Shannon Bolick with questions or to sign up.

CHILDREN'S SABBATH CHOIR

Want to make a joyful noise to the Lord? We will form a choir of children to sing, "The Kindergarten Wall" at our traditional services on October 16. We will sing at both the 8:30 and 11:00 services, but you can choose to do just one. We will rehearse on Wednesday nights, September 28, October 5, and October 12 from 5:45 until 6:30.

CHILDREN'S MINISTRY PARENT MEETING

The Children's Ministry Committee would like to meet with parents of children (up through grade 5) for a brief meeting TODAY about program opportunities, guidelines, and ways you can help. We will meet from 10:45 to 11:00 a.m. in the Preschool gathering space. Sunday School teachers will keep the children in class for the extra 15 minutes.

Sunday School Registration

We want to be sure we have up to date information about all of our kids so that we can best serve them and keep them safe. Members of the Children's Ministry Committee and Sunday School teachers have master lists of registration information. Please check this information, make changes, and initial. If they do not have current information for your child, please fill out a registration form.

Children's Sabbath 2016

Once again we will celebrate the National Children's Sabbath by having children lead us in worship. This year children will lead all three services on October 16. If your child would like to participate, please let Shannon Bolick know. Our theme will be "All I Needed To Know." There are ways for everyone to share their talents. Fifth graders have the special opportunity to help share the message. We are also looking for children who would like to share their talents of music or dance.

Third Grade Bibles

Every year we present third graders with new Bibles on our celebration of Children's Sabbath. If you have a rising third grader, please fill out this Third Grade Bible form or pick one up in the Gathering Space, outside the chapel, or at room 203. The deadline is September 18.

Child's Name as you want it printed: _____

Parents' names: _____

Phone Number: _____

Service you will attend on October 16: Sunday 9:45 Sunday 8:30 Sunday 11:00

Is your child interested in helping to lead worship on this day? How? _____

UNITED METHODIST WOMEN (UMW)

We are women united for mission with women, children, and youth. All interested women are invited to join us. Contact Janine Kutty at (540) 898-0256 or janinekutty@verizon.net. **Sep. 24, 11:00 a.m.**, ACTS Circle, Parlor, Prayer Beads, Denise Gates
Sep. 24, 11:00 a.m.: Fredericksburg District UMW Annual Meeting, Tappahannock UMC (carpool from FUMC), Monica Sprague, Conference UMW Coordinator for Social Action. Bring a bag lunch.

UNITED METHODIST WOMEN (UMW) LUNCHEON MEETING

On Saturday, October 1, 11:30 a.m.-1:30 p.m., all women are invited to attend the UMW sponsored meeting in Kobler Hall. A catered luncheon, prepared by Mary Jordan and crew, will be served (cost is \$7.00). Vicky Butler, District UMW Coordinator for Social Action, will speak on "How Are We Raced?" Make reservations by Wednesday, September 28--sign-up sheets are on the gathering space Welcome Desk and the UMW bulletin board near the Parlor, or contact Jean Himmel at (540) 368-9541 or dhimmell@cox.net.



Welcome back, Youth, and Welcome, NEW Youth Members!

Thank you to everyone who made Sunday Night's Kickoff a success. We look forward to a great year getting to know everyone better and serving alongside you. If you are not yet on the Youth email list, but would like to be, contact Amy at amydotto@fumcva.org to start receiving emails. Exciting things are happening this year; we don't want you to miss out!

THANK YOU!!! A BIG thank you to all who came to support our Youth hot dog sales last week during the Ministry Expo. Our apologies to those who missed out, but we will sell hot dogs once again at the Fredericksburg Christmas Parade in December. Thanks again for all your support! All money raised goes to support Youth ministries.

Sunday, September 18: Pizza Party/Social/Planning Meeting. NO YOUTH tonight!! We will meet today from 12:00 to 2:00 p.m. in the Fellowship Hall for pizza and time to hang out together! PLEASE be sure to RSVP to Amy by 11:00 a.m. if you plan to come (we need to know how many pizzas to order).

College students and parents: Our youth group wants to show our support to you as you continue your education. We would love to send you notes of support or possibly care packages. Please share your address (or your student's address) with us. Contact Amy at amydotto@fumcva.org. Thanks!

CALL FOR NOMINATIONS FOR ANNUAL CONFERENCE 2017

The District will elect At-Large Delegates for next year's Annual Conference in Hampton (June 16-18, 2017) at our upcoming District Conference at Wright's Chapel UMC on Saturday, November 19. We need to elect 28 At-Large Delegates and 9 reserve delegates. In order to be on the ballot, you need to complete the nomination form and return it to the District Office by November 1. You can nominate yourself or someone else (with their permission). If you have any questions or to download the forms, go to the District Office website at fredericksburgdistrict@vaumc.org.

2016-2017 FAMILY CHOIR

Are you able to sing once a month at the 8:30 a.m. service in a Family Choir? Our Director, Bill McCoy, needs about 10 singers to begin a new choir. Youth Choir members can join their families on the first Sunday of each month. We will sing very simple one and two-part music. New church members are especially invited to give us a truly intergenerational sound. Please stay after the service for about 15 minutes on September 18. See you in the Choir Loft before Sunday School classes begin! You can ask questions or just sign up.

CHILDREN'S PRAISE TEAM

Does your child love to sing or want to make some joyful noise to the Lord? Beginning this fall, your child(ren) will have the opportunity to join the Children's Praise Team! Led by Allison Xanthopoulos and Spike Burton, the children will learn contemporary worship music in a positive environment. The team will sing once a month during worship. Practice will follow the Contemporary Service from 11:00 to 11:30 in the Children's Music Room. For more information, please contact Allison at (540) 693-0239 or allisonxan@gmail.com. The Children's Praise Team will sing on the Children's Sabbath on October 16.

NEW BIBLE STUDY

"Open Your Bible" meets on Wednesdays, 9:30-11:30 a.m., beginning September 21st. The study is open to Preschool parents and church members. Nursery care is available with advance registration. To register, email preschool@fumcva.org or Kelley Massinon at kelleymassinon@gmail.com. Books cost \$15.



Celebrate Our Church Family

Sunday **October 16**, ALL are invited to picnic on the green. (Noon-4pm). Games

for all ages, Music & Entertainment, Burgers and hot dogs, as well as FUMC covered dish delicacies, Parsonage visits, Fellowship & good food. Contact Mike Cotter at (540) 786-3658 or mvcotter@comcast.net if you have ideas or are willing to help.

MOMSNext

As mothers pass on through the school years, new challenges and issues arise, but the need for community and hope remain. For this reason, Fredericksburg MOPS (Mothers of Preschoolers) is proud to be offering a new ministry - MOMSNext - starting Fall 2016! MOMSNext is an open and accepting place for all mothers of school-aged children to experience authentic community, personal and spiritual growth, and practical help. Childcare is available on a limited basis. First meeting is October 7th from 9:30 to 11:30 a.m. Come join us! For more information, please contact Jillian Murray at (603) 498-6686 or hintoflime5@gmail.com.

DISCOVER FREDERICKSBURG UMC

"Want to learn more about the Christian faith? Wondering about the missions and ministries of Fredericksburg UMC? Interested in joining the church? Still new to Fredericksburg UMC? If so, we invite you to join pastors Larry Davies and Robb Almy for a meal and conversation at either the September 21st or September 28th dinner. There will be a reserved table, and the pastors will be available starting at 5:30 p.m. So check your calendar and gather with the pastors as you have to opportunity to enjoy some great conversation and terrific food. Please RSVP to Pastor Robb via email (robbalmy@fumcva.org) or by phone (540) 373-9021, ext. 106.

Name: _____

Preferred Contact Information: _____

Phone No. _____

Email: _____

I would like to help:

- Better Mental Health Team
- Sound Team
- Hospitality/Refreshments
- 9:45 Ushers
- Serve Communion
- Youth Ministry
- Primary Sunday school teacher
- Children's Ministry
- Show Slides at 9:45
- Prayer Team
- Prayer Shawl Ministry
- Micah Lunch Program
- Wednesday Night Dinners
- Ushers needed at 11:00 AM service
- Church Picnic

I'd like more information on:

- Baptism & Baptismal Reaffirmation
- How to join this church family
- Children's Activities
- Youth Activities
- Men's Activities
- Women's Activities
- Senior Activities (Merry Makers)

WELCOME

(Please complete and place in offering plate.)

- First Time Guest
- Members
- Second Time Guest
- Attend regularly
- Third Time Guest
- Wish to Join
- Out of Town Guest

Guest Of: _____

Which service are you attending?

- Sun. 8:30 AM Sun. 11:00 AM
- Sun. 9:45 AM Sat. 5:30 PM

Names of those in attendance:

Adult(s) _____

Child(ren) _____

New Information Yes No

Address _____

City _____ State _____ Zip _____

Phone _____

If you would like to change or add your email address please print clearly below

Email _____

would like to sign-up for our weekly "News Blast" newsletter.

PRAYER/PRAISE

May we publish your request in the announcement sheets?

- Do Not Publish
- Publish

I ask prayers for:

I praise God for:

Attendance – Sept. 11, 2016

Saturday 5:30 PM	34
Sunday 8:30 AM	134
Sunday 9:45 AM	185
Sunday 11:00 AM	<u>134</u>
	487

Bishop: Sharma D. Lewis
 Fredericksburg DS: Ted Smith
 Ministers: Members of the Congregation
 Lead Pastor: Ext. 104

larrydavis@fumcva.org

Associate Pastor: Ext. 106

robballmy@fumcva.org

Director of Youth Ministries: Ext. 107

amydotto@fumcva.org

Director of Children's Ministries: Ext. 110

shannonbolick@fumcva.org

Adult Choir Director, Organist: Ext. 116

billmccoy@fumcva.org

Contemporary Worship Director: Ext. 113

spikeburton@fumcva.org

Preschool Director: Ext. 117

beckypatrick@fumcva.org

Facilities Manager: Ext. 115

kurtinordstrom@fumcva.org

Office Manager: Ext. 105

carolknott@fumcva.org

Financial Administrator: Ext. 102

lyndaswanlund@fumcva.org

Church Secretary: Ext. 103

michellecooper@fumcva.org

Where in the World is Pastor Robb?

Not in his church office on Wednesday, September 21. Pastor Robb will hold community office hours at the Agora Coffee Shop, 520 Caroline Street, from 2:30 to 4:30 p.m. He invites you to come by and converse. No appointment necessary! Contact Pastor Robb at RobbAlmy@fumcva.org or (540) 373-9021 X. 106.

Preschool Openings

FUMC Preschool has openings for 3 and 4 year olds. Contact our director, Becky Patrick, at beckypatrick@fumcva.org for more information.

2017 FLOWER CALENDAR

The 2017 Flower Calendar is on the wall outside of the Sacristy (Room 116). Please fill in the date you would like to donate flowers, and fill out the information form with your bulletin message. Leave the completed form in the slot provided.

IMPORTANT INFORMATION

During church business hours (Monday-Friday, 9:00 a.m. to 4:00 p.m.), please use the Charlotte Street entrance or the Handicap Accessible Side Door (between Hanover and Charlotte Streets). The other doors will remain locked.

MISSION CONTROL NEEDS

Food Pantry: September's focus is Instant Potatoes and Instant Rice. Cereal, canned vegetables, canned fruit, canned meat, grape or strawberry jelly and bread are also needed.

Lions Club: Eyeglasses, Cases, and Hearing Aids

Micah: Men's and Women's Socks, Men's and Women's Underwear, and Deodorant.

If your group is not listed and would like to be, please contact Lisa Simmermon at lsimmermon@verizon.net or (540) 785-8664 and let her know what you are collecting and your contact information. Mission Control is located near the elevator in the gathering space.

MONDAY MORNING BIBLE STUDY

The Monday Morning Bible Study, open to all interested persons, resumes Monday, September 19, 10:00-11:30 a.m. in Room 210. We will study *Outlive Your Life: You Were Made to Make a Difference* by Max Lucado (this book is based on Acts 1-12). Our focus is "Pray First; Pray Most" (chapter 15). Each session is self-contained. Contact Charlotte Edge at (540) 371-1967 or candhedge@msn.com. Note: Our next session is Monday, October 3, when we will discuss "That's Jesus Playing That Fiddle" (Chapter 16).

The Parent Adventure: Preparing Your Kid for a Life with God

is coming to Fredericksburg United Methodist Church beginning Sunday September 25th. This seven-week small group study will help parents teach their children to love God and pursue God's purposes for their lives. The study shares practical ways to build a child's faith through the day-to-day stuff of life. Though parenting is challenging and scary, it is also exciting and rewarding. The adventure lies in using everyday teachable moments to prepare your kids for a lifetime with God. The study will be held every Sunday evening that the youth group meets and will begin at 5:15 p.m.. Pastor Robb Almy will lead the study. For more information call Pastor Robb at (540) 373-9021, ext. 106 or contact him via email at RobbAlmy@fumcva.org. Childcare is available for children. Please let Pastor Robb know if you intend to utilize the childcare available during this time.



FREDERICKSBURG UMC PRAYER REQUESTS week of September 12, 2016

HOSPITALIZED: John Bass (MHW); Rob McDaniel (Poet's Walk)

HEALTH CONCERNS

Theresa Pugh*	Janet McCaslin*	Alice Blain*
Dave Armstrong*	Gene and his family	Tom Savage
Jim Kinsella	Nick M	Katie
Tonya Nelson	Tina Renninger's daughter	Destiny Danyel
Joyce Piper	Rebecca*	George Bergeron
Deaconess Becky Louter	Mary Jordan*	Ed Manger*
Mrs March	Kelly Hicks and family	Molly and Judy
Teresa C	DeWitte family*	Katie
Eakin twins	Trish	Ruby Smith

LIFE EVENTS

World Peace	Mark C	Brendon
Ben	9/11 Anniversary	Johnson sons
Students, teachers and parents	All school personnel	Linda Crate
Betsy	Friends, Darao City, Philip.	Hunter
Baby Mia	Katie Haywood	Judy Hickson
People of Baton Rouge	Steele	

PRAISE

Life of Daryl Roy; comfort his family, friends	Carth's gift of hospitality at FUMC
Ellen Coppell	FUMC Youth Ministry Council
Bill Hammen	Gwen Reilly
man with Muscular Dystrophy	

*denotes FUMC member



SEEK
SERVE
GROW
CONNECT

WELCOME

September 17-18, 2016

FORGIVENESS: THE HEART OF THE MATTER by Rev. Robb Almy

Because Forgiveness is essential for any kind of healthy and whole life, we will spend four weeks at Fredericksburg United Methodist Church talking about forgiveness as we begin a new message series in September called **Forgiveness: The Heart of the Matter**. We will look at two dimensions of forgiveness, our ability to ask for and receive the forgiveness of others and our ability to extend forgiveness to those who hurt us. We will look at forgiveness in the context of our most personal and lifelong relationships. We will look at what it means to forgive others like our neighbors, coworkers, and even our enemies, and we will explore forgiveness in the midst of our families; both forgiveness with our parents and our children. And we will, of course, see that our ability to ask for and receive forgiveness has its roots in Jesus' work on the cross. Plan to join us beginning the weekend of September 17th-18th as we tackle this important topic from a Biblical perspective.

September 17th-18th – Forgiving Families

September 24th-25th – Forgiving Others

October 1st-2nd – Forgiveness in Relationships

October 8th-9th – As Far as the East Is from the West

Worship times: Contemporary, Saturday at 5:30 p.m. and Sunday at 9:45 a.m., Traditional – Sunday at 8:30 and 11:00 a.m.

HIGHLIGHTS FROM THE AUGUST 22nd CHURCH COUNCIL MEETING

Efforts are being made to better coordinate our church budget, Stewardship Campaign and all committee work around our SEEK, SERVE, and GROW Church Mission statement. The Stewardship Campaign is scheduled to begin October 23rd. Tom Berlin's "Defying Gravity" will be used as a theme and guide for this four-week study and activity. The CHURCH PICNIC is scheduled for Sunday, October 16, from noon to 4:00 p.m. with games, good food, fellowship and entertainment for everyone. Contact Mike Cotter to get help at mvcotter@comcast.net. The new preschool playground equipment has been installed for this school year.

WEDNESDAY FELLOWSHIP DINNERS

Join us on Wednesdays for our Fellowship Dinners which are served from 5:00 to 6:30 p.m. Cost is \$7.00 per adult, \$3.00 per child 3-12, and under 3 is free. Maximum cost for a family is \$25.00. Email your reservations to Carol Knott at carolknott@fumcva.org, or call (540) 373-9021 and give your reservation to the receptionist. Tickets are sold at the door for take-out meals. If you would like to help set up, serve, or clean up, contact Mary Jordan at (540) 303-2281. The menu for Wednesday, September 21st, is Meatloaf, Mashed Potatoes, Green Beans, Salad, Fruit, and Dessert.

HOSPITALITY MINISTRY OPPORTUNITY

Are you looking for a way to serve here at FUMC? Efforts are underway to improve upon greeting our visitors at the Welcome Desk located at the Kobler Hall Entrance. We are asking for smiling faces to staff the Welcome Desk on Sunday mornings at various times before and after each service. This ministry will require about 20 minutes at one of the three "welcome" times we have set up. Please contact Denise Gates at dgparishnurse@hotmail.com or (540) 507-8326 if you would be willing to join in this ministry opportunity.